

COMMUNITY CONNECTION

Linking Hands Dundas County Newsletter—Volume 9

Introducing 'Welcome Dundas'

Welcome Dundas is a Linking Hands **Dundas** County project focused on ensuring newcomers to the county feel welcome.

Being new to a community can be overwhelming, especially if you have no idea where to look for what you

need. Together, the Dundas community can ensure that all newcomers have the information they need to feel at home in their new location.

Businesses, agencies, institutions, service clubs and other community groups are invited to participate. We welcome Our top priority is crevour would like to donate. County.

any brochures, cou- ating a list of all the pons, or giveaways resources and services organization available in Dundas

It's time to submit **Good Neighbour** nominations now

Linking Hands has launched its 2017 Dundas County Good Neighbour Award campaign. Nominations are being accepted until midnight on Tuesday, October 31. There is one award available for youth (18 and under) and one for adults (19 and up) in each of North and South Dundas.

"This year, we would like to see some of our many amazing youth volunteers nominated. We know there are many young people throughout Dundas County who contribute to their communities in many ways and we want to show them they're appreciated for who they are and what they do," coordinator Sandy Casselman said.

For more information, visit our website or follow us on Facebook! Forms can be found online or by visiting the House of Lazarus, any **Dundas Branch of the SDG** County Library, or the South or North Dundas municipal offices.



MONTHLY EVENTS

For 2017s fall schedule for Lunch & Learn and Tea & Talk, go to page 4.

Free transportation to these events is available for seniors, thanks to a United Church of Canada Foundation grant. For more information, call Nancy or Sandy at 613-989-3830.





1 McConnell Avenue, Cornwall ON K6H 4K8 613-932-2703 • 800-267-2434

Available in Dundas County the 1st Tuesday of each month:
Mornings—Community Living, 55 Allison Ave., Morrisburg
Afternoons—SDG County Library, 547 St. Lawrence St., Winchester

Income

- I can't get welfare (OW)
- I was turned down for ODSP/CPP disability
- I am not getting the right amount of money on my OW, ODSP
- · I was cut off my benefits
- I am having problems with EI
- I was hurt at work
- I am not getting child benefits

Education & Debts

- Collection agencies keep calling me
- I signed up to buy something at the door and am now having problems
- I can't pay my student loan
- I can't make my car payments
- I can't get services for my child with special needs
- My child may be expelled from school

Housing

- I can't pay my rent/utilities
- I want to get out of my lease
- My landlord says my rent will increase
- My apartment is too cold
- My apartment has bugs/mould
- I am being evicted
- My place needs repairs
- I was refused an apartment because I'm on welfare (OW, ODSP)

Human Rights & Employment

- My boss says things that make me uncomfortable
- My boss is making it hard for me at work because of my health issues
- I am on sick leave and my boss says I have to work
- I haven't been paid
- My hours have been cut
- I have been laid off
- I don't feel safe at work
- I can't get my ROE
- I can't get into the building with my wheelchair
- I can't get time off to care for my disabled child

Wills

Are you 60 years of age or older? Do you have a will to make things easier for your loved ones? We can prepare a simple will for you at no charge!

Criminal Injuries

- I was beaten and/or sexually assaulted as a child
- My spouse hurt me
- I was beaten up
- I was attacked
- My child was assaulted



Fresh affordable produce all year: it's for everyone!

The Dundas County Green Food Box program is available all year round, twice monthly, to everyone, regardless of residential location or income. The more people who purchase, the better the savings for everyone!

Organized by Linking Hands Dundas County, the area's GFB program is available in both North

and South Dundas.

The South Dundas GFB program happens the second Wednesday of each month. This program has an option of two pick up locations: Morrisburg (Community Food Share) or Iroquois (Legion).

The North Dundas program happens the last Friday of the month, except for December when it is

moved ahead for the holidays. The Dundas County GFB program offers clients the option of small (\$10) or large (\$15) bags. There is no limit on number purchased.

To find out how and where to order, visit linkinghandsdundas.ca or contact GFB coordinator Ralph Pulfer at 613-989-3830 or by email at rpulfer@houseoflazarus.com.

'Project Warmth' underway

A recent Linking Hands Housing Survey has shown a definite need in Dundas County for assistance in combatting energy poverty.

Out of 162 respondents, 69 per cent said their housing costs exceed the recommended 35 per cent of their income, while 77 per "The housing concerns in Dundas ciously agreed to supply the kits cent listed lower Hydro costs as

their biggest housing issue right homelessness to substandard livdone to address this growing pro- fordable rental thing that can easily be done right Sandy Casselman said. now: provide window insulation kits for Dundas County's vulnera- Linking Hands is partnering with ble sector.

County are real and many, from at cost.

now. While much needs to be ing conditions to insufficient afvincial issue, there is one small more," Linking Hands coordinator

> Winchester BMR owners Ken and Trish Boje. The Bojes have gra-

To make this project work, Linking Hands needs your help: donors to help pay for the kits, and for everyone to spread the word! Contact: Linking Hands coordinator Sandy Casselman 613-989-3830 scasselman@houseoflazarus.com

Increased minimum wage, what does it really mean?



There appears to be plenty of doomsday chatter with regard to proposed upcoming increases to Ontario's minimum wage, but what's really at stake?

Instead of buying into all the myths about how a minimum wage increase will hurt the economy, why not delve a little deeper and see what it might do to not only benefit those currently working for less than a living wage, but for their local economies as well. The minimum wage is a human rights issue—we all deserve a living wage.

For more information, visit: www.15andfairness.org

How should non-profits spend donated dollars?

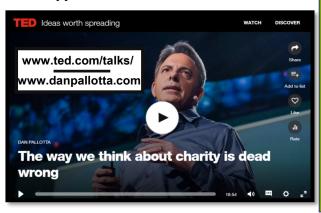
Non-profits and charities are often expected to run their services with little to no overhead, as donors want to see 100% of their donations go toward the cause in question.

Dan Pallotta, a writer. speaker, activist, and fundraiser, has made it his mission to change the way the world sees (and does) charity.

His now infamous TedTalk. viewed more than 4 million times—the wav we think about charity is dead wrong—focuses on the double standard between non-profits and for-profits. Pallotta has said too Why not charities? many non-profits are rewarded for how little Books by Pallotta: Unthey spend rather than *charitable*: by what they do, as fru- on Nonprofits Undergality gets confused for mine Their Potential morality.

Restraints and Charity Case: How the Nonprofit Communi-

Big business spends ty Can Stand Up for Itmoney to make money self and Really Change and is applauded for it. the World.



Contact Us



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linkinghandsdundas.ca







Lunch & Learn

October 16 Estate Planning with Ault & Ault's Samantha Berry Iroquois Legion

November 13 The Healthy Brain with Alzheimer Society's Josee Desrochers Christ Church United. Chesterville

Tea & Talk

October 31 Advanced Care Planning with **Dundas County** Hospice's Linda Johnson SDG County Library Williamsburg

November 21 Recycled Book Art with SDG County Library Staff St. Paul's Presbyterian, Winchester